

Offered Seminars and Workshops



The Transition Readiness Program (TRP) is providing Face To Face (F2F) classes again with COVID-19 restrictions in place: All classes are limited to 20 participants to ensure compliance with social distancing requirements. Additionally, masks must be worn at all times when social distancing is not possible.

All counseling services are provided by appointment only

TRANSITION READINESS PROCESS:

The first step in the transition process is complete your **Initial Counseling (IC)**. The second step is to complete your **Pre-Separation Counseling (PSC)**. Both counseling sessions are now conducted simultaneously over-the-phone and are required to be completed no LESS than 365 days from your EAS/Retirement. Please contact your Advisor to schedule your IC or Pre-Sep counseling as indicated below.

Last Name Begins With A-F: kelly.brown@usmc.mil or call at 703-784-4973

Last Name Begins With G-L: nathaly.arvizu@usmc.mil or call at 703-784-4962

Last Name Begins With M-R: ivette.bennett@usmc.mil or call at 703-784-3158

Last Name Begins With S-Z: travis.l.greene@usmc.mil or call at 716-771-2661

The third step in your transition process is to attend the **Transition Readiness Seminar (TRS)**. The Transition Readiness Seminar is again being offered face to face. Individuals within six months of their EAS can choose to complete TRS online via Joint Knowledge Online (JKO). Upon completing both your IC and Pre-Sep Counseling, you are then

eligible to be registered for TRS. To register for TRS contact your UTC. For guidance on completing TRS via JKO please contact your Advisor.

The fourth step in the transition process is to conduct your **Capstone Review**. The Capstone Review is an exit interview with your advisor to determine if you've met Career Readiness Standards (CRS). Its completion is required no LESS than 120 days from your EAS/Retirement. All Capstone Reviews will be completed by appointment only. Please contact your Advisor to schedule your Capstone Review as indicated below.

Last Name Begins With A-F: kelly.brown@usmc.mil or call at 703-784-4973

Last Name Begins With G-L: nathaly.arvizu@usmc.mil or call at 703-784-4962

Last Name Begins With M-R: ivette.bennett@usmc.mil or call at 703-784-3158

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The last step in your transition process is to complete your **Commander's Verification**. Your Commander's Verification is an exit interview with your Commanding Officer (or their designee) where he/she verify completion of Career Readiness Standards and your transition plan. Instructions for completing Commander's Verification will be provided by your advisor during your Capstone Review. Capstone verification is required no LESS than 90 days prior to EAS/Retirement.

PERSONAL READINESS SEMINAR

Personal Readiness Seminar (PRS): PRS is being conducted Face To Face and through Joint Knowledge Online (JKO). This training is required for all Marines within 90 days of arrival at their First Permanent Duty Station. You can register for PRS by emailing mccsquanticoppdregistration@usmc.mil.

For additional workshop and seminar information please visit the [Offered Seminars and Workshops](#) link.