Audit C Questionnaire

1. How often do you have a drink containing alcohol?
   a. Never       b. Monthly or less
   c. 2-4 times a week   d. 2-3 times a week
   e. 4 or more times a week

2. How many drinks of alcohol do you drink on a typical day when you are drinking?
   a. 1 or 2       b. 3 or 4
   c. 5 or 6       d. 7 to 9
   e. 10 or more

3. How often have you had 6 or more drinks if female, or 8 or more if male, on a single occasion in the last year?
   a. Never       b. Less than monthly
   c. Monthly     d. Weekly
   e. Daily or almost daily

Scoring:
The Audit C is scored on a scale of 0-12. Each Audit C question has 5 answer choices. Points allotted are a=0 points, b=1 point, c=2 points, d=3 points, e=4 points.

In men, a score of 4 or more is optimal for identifying hazardous drinking. In women, a score of 3 or more is optimal for identifying hazardous drinking.

If you scored 3 or more, please speak with your SACO/DAPA about a self-referral to CSACC for an Alcohol and/or Drug Screening. If you have additional questions regarding your answers, call CSACC at 703-784-3502 and ask to speak with a counselor.

Family Members:
Call CSACC at 703-784-3502 and ask to speak with a counselor who will assist you.

*Audit C is available for use in public domain.

Courage is asking for help when you need it.