NPSP Services For Parents With Young Children

1-2-3 MAGIC
- Discover solutions to challenges of disciplining children ages 2-12 years
- Learn how to strengthen your relationship with your child & what to do about bedtime, messy rooms, lying, chores, homework, & more
- Offered Quarterly

BABY & ME
- Learn exciting ways to bond & interact with your infant
- Meet other moms and dads
- For children up to 12 months of age, 2nd & 4th Tuesday of each month, 1300-1430
- Call to pre-register

TODDLER TIME
- Join other moms and dads and learn exciting ways to help your toddler grow & develop
- For children ages 12-36 months, 2nd & 4th Tuesday of each month, 0930-1100
- Call to pre-register

HOME VISITS
- Parental coaching & education provided in your home or office by licensed nurses & social workers
- Individual support to address questions/concerns on growth & development, behavioral issues, & family dynamics

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WIC PROGRAM
- The Special Supplemental Nutrition Program for Women, Infants, & Children (WIC)
- WIC is available in the NPSP Activity Room every Mon & Wed 0830-1200, & 1300-1600
- Call 703-792-7319 or email pwcwic@vdh.virginia.gov for more details

Free services for active duty military and their families. Call 703-784-4248 for more information. (Civilians working aboard MCB Quantico may attend classes on a space available basis.)
New Parent Support Program (NPSP)

PROGRAMS FOR PARENTS WITH YOUNG CHILDREN

2034 Barnett Avenue, Little Hall, Lower Level
Quantico, Virginia 22134
703-784-4248

“Like” us on Facebook: QuanticoNPSP

ADDITIONAL RESOURCES:

Families OverComing Under Stress (FOCUS): 703-784-0189

Military Family Life Counselors (MFLC):
703-414-9882 / 703-414-9888

Family Advocacy Program (FAP): 703-784-2570

Personal Financial Management Program (PFMP): 703-784-2650

Marine Corps Family Team Building (MCFTB): 703-634-2678

Military One Source: 800-342-9647

Quantico Base Library (Story Time): 703-784-4348

Navy Marine Corps Relief Society (Budget for Baby Class):
703-784-9754

Naval Health Clinic: 703-784-1725

MCCS Community Counseling Program (CCP): 703-432-6442

www.quantico.usmc-mccs.org

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