

## NATIONAL

### EDUCATION

#### PUBLIC SCHOOLS

[www.ed.gov](http://www.ed.gov); U.S. Department of Education. (1.800.USA.LEARN)

<http://www.ed.gov/esea>; The No Child Left Behind(NCLB) the Elementary & Secondary Education Act website from the U.S. Department of Education includes policy, updates, and information about NCLB. (website only)

<http://www2.ed.gov/policy/gen/guid/fpco/ferpa/index.html>; Family Educational Rights and Privacy Act (FERPA) website from the U.S. Department of Education includes policy and information about the privacy act. (website only)

#### HEAD START

[www.nhsa.org/](http://www.nhsa.org/); The National Head Start Association is a federally funded program for preschool children from low-income families. The program is operated by the public schools for children between the ages of 4 and 5 years old. (866.677.8724)

#### PRIVATE SCHOOLS

<http://www.privateschoolreview.com/>; Provides a listing of private High Schools, Elementary Schools, and Pre-Schools (website only)

#### SPECIAL EDUCATION

<http://www2.ed.gov/about/offices/list/osers/index.html>; The Office of Special Education and Rehabilitative Services (OSERS) supports programs that help educate children and youth with disabilities, provides for the rehabilitation of youth and adults with disabilities and supports research to improve the lives of individuals with disabilities. (800.USA.LEARN)

<http://www2.ed.gov/about/offices/list/osers/osep/index.html>; The Office of Special Education Programs (OSEP) is dedicated to improving results for infants, toddlers, children and youth with disabilities ages birth through 21 by providing leadership and financial support to assist states and local districts. (202.245.7459)

[www.idea.ed.gov](http://www.idea.ed.gov); The Department of Education website that provides the data base for searching for regulations from the Individual's with Disabilities Education Act (IDEA). (website only)

[www.ies.ed.gov/ncser/](http://www.ies.ed.gov/ncser/); National Center for Special Education Research was established by Congress as the primary research for scientifically proven educational instruction. (202.208.1228)

[www.directionservice.org/cadre](http://www.directionservice.org/cadre); Provides technical assistance to both school districts and parents, and serves as an information clearinghouse on dispute resolution in special education.

[www.dredf.org](http://www.dredf.org); A national law and policy center dedicated to protecting and advancing the civil rights of people with disabilities through legislation, litigation, advocacy, and technical assistance.

[www.ncset.org](http://www.ncset.org); The National Center for Secondary Education & Transition coordinates national resources, offers technical assistance, and disseminates information related to secondary education and transition for youth with disabilities.

[www.ndrn.org](http://www.ndrn.org); The National Disabilities Rights Network is a non-profit organization for the federally mandated Protection and Advocacy System and Client Assistance Programs for individuals with disabilities.

[www.nichcy.org](http://www.nichcy.org); National Information Center for Handicapped Children and Youth (NICHCY) is paid by a federal grant through the department of education to be the clearing house for information for children birth through 22 years old. (website only)

[www.parentcenternetwork.org](http://www.parentcenternetwork.org); The Parent Center Network provides support to the state's Parent Training and Information Centers (PTI) that are paid by federal grants through the Department of Education to train parents on the special education rights and responsibilities. PACER Center (888.248.0822)

[www.stompproject.org](http://www.stompproject.org); Specialized Training of Military Parents is a Parent Training and Information (PTI) center for military families.

[www.wrightslaw.com](http://www.wrightslaw.com); Parents, educators, advocates, and attorneys come to Wrightslaw for accurate, reliable information about special education law, education law, and advocacy for children with disabilities.

## **GOVERNMENT**

### **MEDICARE & MEDICAID**

[www.cms.hhs.gov](http://www.cms.hhs.gov); The Centers for Medicare & Medicaid Services is the federal agency which administer Medicare, Medicaid, and the State Children's Health Insurance Program. CMS (877.267.2323) Medicare (800.MEDICARE)

## HEALTH & HUMAN SERVICES

[www.hhs.gov](http://www.hhs.gov); The U.S. Department of Health & Human Services (HHS) is the United States government's principal agency for protecting the health of all Americans and providing essential human services, especially for those who are least able to help themselves.

## SOCIAL SECURITY ADMINISTRATION

### SOCIAL SECURITY DISABILITY INSURANCE (SSDI)

[www.ssa.gov/pgm/disability.htm](http://www.ssa.gov/pgm/disability.htm); Social Security Disability Insurance is a Federal program funded by the social security funds deducted from your employment checks. To qualify for SSDI benefits you must meet the definition of disability and you must have worked long enough-and recently enough-under Social Security to qualify for disability benefits. Contact the SSA office for your worked earned credit amounts. (800.772.1213)

### SUPPLEMENTAL SECURITY INCOME (SSI)

[www.ssa.gov](http://www.ssa.gov); Supplemental Security Income is a Federal income supplement program funded by general tax revenues (not Social Security taxes). It is designed to help aged, blind, and disabled people, who have little or no income and provides money to meet basic needs for food, clothing, and shelter. For initial application for services, you may call or visit the social security website for the application. When transferring into the state of Virginia with SSI benefits from a previous state, it is required to visit the SSA office in your county to transfer SSI services (800.772.1213)

## MEDICAL

### TRICARE

#### TRICARE

[www.tricare.mil/mybenefit/TRICARE](http://www.tricare.mil/mybenefit/TRICARE) is the health care program serving Uniformed Service members, retirees and their families worldwide.

TRICARE North Region; Health Net Federal Services (877.874.2273)

TRICARE South Region; Humana Military Healthcare Services (800.444.5445)

TRICARE West Region; TriWest Healthcare Alliance (888.874.9378)

TRICARE Overseas Region: International SOS Eurasia-Africa (+44.20.8762.8384)

## DENTAL

### TRICARE Dental Program

[www.tricare.mil/mybenefit/TRICARE](http://www.tricare.mil/mybenefit/TRICARE) The TRICARE Dental Program (TDP) is a voluntary dental insurance program administered by MetLife. TDP is for eligible enrollees and offers a comprehensive dental benefit. For enrollees, the TDP covers a wide range of diagnostic, preventive and restorative services. You may seek care from a network of more than 64,000 participating dentists, or you may use nonparticipating dentists at an additional cost to you. (800.866.8499)

## DEERS

[www.dmdc.osd.mil/appj/address/login/SelectLogin.do](http://www.dmdc.osd.mil/appj/address/login/SelectLogin.do); Family members must be registered in the Defense Enrollment Eligibility Reporting System (DEERS) program to be eligible for TRICARE & EFMP services. The Website will provide the ability to update your status. (800.538.9552)

## U.S. MARINE CORPS HEADQUARTERS

### MARINE CORPS COMMUNITY SERVICES

#### BEHAVIORAL HEALTH BRANCH

#### Consolidated Substance Abuse Counseling Center (CSACC)

[www.usmc-mccs.org/subabuse/index.cfm?sid=ml](http://www.usmc-mccs.org/subabuse/index.cfm?sid=ml); The mission of the Marine Corps Substance Abuse Program is to provide timely, consistent and effective care for active duty military members and other eligible beneficiaries with substance abuse and dependency disorders which interfere with mission readiness and inter-personal functioning. (website only)

#### Family Advocacy Program & Clinical Counseling (FAP)

[www.usmc-mccs.org/famadv/?sid=fl](http://www.usmc-mccs.org/famadv/?sid=fl); Family Advocacy is a command program designed to assist families experiencing the trauma of abuse. Counselors are trained in the dynamics of abuse in order to assist in protecting victims and support families in need of assistance. (website only)

#### New Parent Support Program (NPSP)

[www.usmc-mccs.org/npsp/?sid=fl](http://www.usmc-mccs.org/npsp/?sid=fl); Complementary to the Children, Youth and Teen Programs, the New Parent Support Program (NPSP) offers a wide range of support services to military families with children from birth through five years of age. (website only)

## FAMILY CARE BRANCH

### Children Youth & Teen Program

[www.usmc-mccs.org/cyt/?sid=fl](http://www.usmc-mccs.org/cyt/?sid=fl); Children, Youth, and Teen Programs focus on the needs of families in order to provide maximum access to useful, flexible, and affordable programs such as child development, social, and recreational programs. Children, youth and teens, ages 6 weeks to 18 years, shall be served in integrated, balanced, quality programs that support the continuum of the Marine family, on and off the installation. (703.784.9553)

### Exceptional Family Member Program

[www.usmc-mccs.org/efmp/?sid=fl](http://www.usmc-mccs.org/efmp/?sid=fl); The mission of the Exceptional Family Member Program is to improve the quality of life of families that support a family member with a special need. (703.784.0298)

### School Liaison

[www.usmc-mccs.org/school/?sid=fl](http://www.usmc-mccs.org/school/?sid=fl); The mission of the School Liaison is to mobilize and use community resources to reduce the impact of the mobile military life style on military school-age children and families; to implement predictable support services that assist school-age children with relocations, life transitions and achieving academic success.

## FAMILY READINESS BRANCH

### Family Readiness Officers

[www.usmc-mccs.org/upfrp/?sid=fl](http://www.usmc-mccs.org/upfrp/?sid=fl); The Unit, Personal and Family Readiness Program trains and prepares every Marine and their family to ensure optimum resiliency when faced with life cycle events. When every Marine and family in a unit reaches the optimum level of resiliency, a high state of personal and family readiness will result, thereby ensuring the unit's high state of readiness. (703.784.0296)

### Marine Corps Family Team Building (MCFTB)

[www.usmc-mccs.org/mcftb/?sid=fl](http://www.usmc-mccs.org/mcftb/?sid=fl); Marine Corps Family Team Building (MCFTB) provides educational resources and services to foster personal growth and enhance the readiness of Marine Corps families. (703.784.9540)

### Families OverComing Under Stress

[www.focusproject.org](http://www.focusproject.org); FOCUS (Families OverComing Under Stress™) provides resiliency training to military children and families. It teaches practical skills to meet the challenges of deployment and reintegration, to communicate and solve problems

effectively, and to successfully set goals together and create a shared family story. (310.794.2482)

## PERSONAL AND PROFESSIONAL DEVELOPMENT BRANCH

### Family Member Employment Assistance Program (FMEAP)

[www.usmc-mccs.org/fmeap/?sid=fl](http://www.usmc-mccs.org/fmeap/?sid=fl); The Mission of the Family Member Employment Assistance Program is to provide Comprehensive Employment Related Services to Military Spouses and other Family Members and empower military spouses with the tools necessary to achieve their goals through Career, Educational, life Goals, or Volunteerism. (703.784.9523)

### Information & Referral

[www.usmc-mccs.org/inforef/?sid=fl](http://www.usmc-mccs.org/inforef/?sid=fl); The Information and Referral (I&R) program provides state of the art information and referral functions designed to meet the challenges of the mobile military lifestyle. Information is available for installation, community, and national resources. (website only)

### Personal Financial Manager Program (PFMP)

[www.usmc-mccs.org/finance/index.cfm?sid=ml](http://www.usmc-mccs.org/finance/index.cfm?sid=ml) The Personal Financial Management Program provides personal financial education, training, counseling and information and referral. A solid understanding of your personal financial situation and prospects will give you a better chance of achieving financial success during your career and helping build confidence in facing financial challenges and responsibilities. (website only)

### Relocation Assistance Program (RAP)

[www.usmc-mccs.org/rap/index.cfm?sid=ml](http://www.usmc-mccs.org/rap/index.cfm?sid=ml) The Relocation Assistance Program (RAP) is a mission essential program that supports Marines and their families during a Permanent Change of Station (PCS) move. It reduces the stress related to frequent relocations, which is an inherent part of the mobile military lifestyle. RAP services are structured to make the relocation process as smooth as possible. The Relocation Assistance Program provides both pre-departure and pre-arrival. (website only)

### Transition Assistance Management Program (TAMP)

[www.usmc-mccs.org/tamp/index.cfm?sid=fl](http://www.usmc-mccs.org/tamp/index.cfm?sid=fl); The Transition Assistance Management Program (TAMP) provides career/employment assistance, vocational guidance, and transition information to separating Marines and their family members. The tools and information provided enable all separating Marines and their family members to make a successful transition from military to civilian life. Separating Marines are counseled and advised of the availability of these programs and their responsibility for attending prior to leaving the military. (703.784.9550)

## Voluntary Education Center

<http://www.usmc-mccs.org/education/?sid=ml> The Marine Corps Lifelong Learning Program provides personal and professional learning opportunities for Marines regardless of duty station. The U.S. Marine Corps Voluntary Education Program provides active-duty service members the opportunity to reach their educational goals. (website only)

## OTHER

### Military Family Life Consultants (MFLC)

[www.militaryOnesource.mil](http://www.militaryOnesource.mil) Military Family Life Consultants (MFLC's) are here to provide short-term counseling to those who may need assistance with personal, private matters. MFLC's do not take notes, records, or any form of identifying information-they provide confidential counseling. This program supports all active duty military, retirees, reservists, and family members. MFLC's take walk in clients or by appointment.

### Navy-Marine Corps Relief Society

[www.nmcrcs.org](http://www.nmcrcs.org); The Navy-Marine Corps Relief Society is a world-wide nonprofit charitable organization designed to provide financial, educational, and other assistance to members of the Marine Corps, eligible family members and survivors, when in need. (website only)

### Red Cross

[www.redcross.org](http://www.redcross.org); The American Red cross helps prepare communities for emergencies and keep people safe every day thanks to caring people who support their work. (800.733.2767)

## MILITARY COMMUNITY SUPPORT

### ARMED SERVICES YMCA

[www.asymca.org](http://www.asymca.org); The mission of the Armed Services YMCA of the USA is to put into practice through educational, recreational, social and religious programs and services for military personnel. They offer programs such as childcare, hospital assistance, spouse support services, food services, computer training classes, health and wellness services, and holiday meals, among others. (703.313.9600)

### FISHER HOUSE FOUNDATION

[www.fisherhouse.org](http://www.fisherhouse.org); The Fisher House program is a unique private-public partnership that supports America's military in their time of need. They have donated "comfort homes" built on the grounds of major military and VA medical centers. These homes enable family members to be close to a loved one at the most

stressful time, during the hospitalization for an unexpected illness, disease, or injury. No family pays to stay at any Fisher House. (888.294.8560)

### **MILITARY INSTALLATIONS**

[www.militaryinstallations.dod.mil/pls/psgprod/f?p=MI:ENTRY](http://www.militaryinstallations.dod.mil/pls/psgprod/f?p=MI:ENTRY); The official Department of Defense source for installation and state resources available to active duty, guard and reserve service and family members. (website only)

### **MILITARYHOMEFRONT**

[www.militaryhomefront.dod.mil](http://www.militaryhomefront.dod.mil); MilitaryHOMEFRONT is the Department of Defense website for official Military Community and Family Policy (MC&FP) program information, policy and guidance designed to help troops and their families, leaders, and service providers. Whether you live the military lifestyle or support those who do, you'll find what you need. (website only)

### **MILITARYONESOURCE**

[www.militaryonesource.mil](http://www.militaryonesource.mil); Designed to help with life's issues, 24 hours a day, 7 days a week, 365 days a year you can access information. (website only)

### **MILITARY CHILD EDUCATION COALITION**

[www.militarychild.org](http://www.militarychild.org): Non-profit, world-wide organization that identifies the challenges that face the highly mobile military child. (254.953.1923)

### **MILITARY IMPACTED SCHOOLS ASSOCIATION**

[www.militaryimpactedschoolsassociation.org](http://www.militaryimpactedschoolsassociation.org); Military Impacted Schools Association (MISA) is a national organization representing school districts that serve high concentrations of military children. The organization works to provide a continuum of quality education for all military children.

### **NATIONAL MILITARY FAMILY ASSOCIATION**

[www.nmfa.org](http://www.nmfa.org); NMFA, "The Voice for Military Families," is dedicated to providing information to and representing the interests of Family members of the uniformed services. In addition to information on deployment, education, Family life and health care, NMFA provides valuable links to other useful sites designed to give you the latest information available. They have a "Back to School" section which includes many links to valuable information on education for students and parents.

## USA 4 MILITARY FAMILIES

[www.USA4MilitaryFamilies.org](http://www.USA4MilitaryFamilies.org); The USA4 Military Families initiative seeks to engage and educate state policymakers, not-for-profit associations, concerned business interests, and other state leaders about the needs of Military members and their families, particularly as those needs intersect with state public policy. Through state/military partnerships, DoD seeks to develop relationships with states, work with them to remove unnecessary barriers, and significantly improve the quality of life for military families

## NON-PROFIT ORGANIZATIONS

### APPLIED BEHAVIOR ANALYSIS

[www.bacb.com/index.php?page=100155](http://www.bacb.com/index.php?page=100155); The Behavior Analysts Certification Board is a non-profit organization that provides a national list of all certificated ABA providers with a BCAB certification. (850.765.0905)

### AIDS

[www.pedaids.org/](http://www.pedaids.org/); A leading organization dedicated to identifying, funding and conduct basic pediatric HIV/AIDS research. (888.499.4673)

### ANGLEMAN SYNDROME

[www.angelman.org](http://www.angelman.org): The Angelman Syndrome Foundation is a non-profit organization with information for doctors and families. (630.978.4245)

### ARTHRITIS DISORDERS

[www.arthritis.org](http://www.arthritis.org): The Arthritis Foundation is a non-profit organization with the mission to improve lives through leadership in the prevention, control and cure of arthritis and related diseases. (800.283.7800)

### ASSISTIVE TECHNOLOGY

[www.assistivetech.net](http://www.assistivetech.net): The National Public Website on Assistive Technology is a non-profit organization that provides assistive technology and disability related resources. (404.894.4960)

### ATTENTION DIFICITY DISORDER

[www.add.org](http://www.add.org): The National Attention Deficit Disorders association is a non-profit organization dedicated to providing information, resources and networking opportunities to adults with ADHD and the professionals who serve them. (800.939.1019)

[www.chadd.org](http://www.chadd.org): The Child & adults with Attention Deficit Disorder is a national non-profit organization working to improve the lives of affected people through education, advocacy and support. (800.233.4050)

## AUTISM

[www.autism-society.org](http://www.autism-society.org): The Autism Society of America is a non-profit organization with the mission to raise and allocate funds to address the many unanswered questions about autism. (800.328.8476)

[www.AutismSafety.org](http://www.AutismSafety.org); Autism & Safety, Learn 12 ways to keep your child safe. (877.622.2884)

[www.autismspeaks.org](http://www.autismspeaks.org); Autism Speaks is a non-profit organization that provides information, research, family services, and advocacy. (888.288.4762)

[www.nationalautismassociation.org/](http://www.nationalautismassociation.org/); The National Autism Association is a non-profit organization “Think Autism. Think cure” is a registered trademark of the National Autism Association. (877.622.2884)

[www.rettsyndrome.org](http://www.rettsyndrome.org): The International Rett Syndrome Foundation is non-profit organizations that provides support and encourage medical research to determine the cause and find a cure for Rett syndrome and to increase public awareness. (800.818.7388)

[www.tacanow.org](http://www.tacanow.org): Talk About Curing Autism (TACA) is a national non-profit organization dedicated to education, empowering and supporting families affected by autism. (949.640.4401)

## BIRTH DEFECTS

[www.birthdefects.org](http://www.birthdefects.org): The Birth Defects Research for Children is a non-profit organization that provides information and support for all kinds of birth defects. (407.895.0802)

[www.marchofdimes.com](http://www.marchofdimes.com): The March of Dimes is a non-profit organization that provides information and answers about pregnancy, your baby, folic acid, prematurity, genetic disorders, birth defects and much more. (914.997.4488)

## BRAIN INJURY

[www.biausa.org](http://www.biausa.org): The Brain Injury Association of America is a non-profit organization that promotes awareness, understanding and prevention of brain injury through education, advocacy, research grants and community support services. (703.761.0750)

**BRAIN TUMOR**

[www.brainumor.org](http://www.brainumor.org): The National Brain Tumor Society is a non-profit organization that provides general information, addressing such topics as types, symptoms and treatment of brain tumors. (800.770.8287)

**BURN INJURIES**

[www.burninstitute.org](http://www.burninstitute.org); The Burn Institute is a non-profit organization health agency dedicated to reducing the number of burn injuries through education. (858.541.2277)

[www.shrinershospitalsforchildren.org](http://www.shrinershospitalsforchildren.org): The Shriners' Hospitals for Children is providing free orthopedic and burn care to children under 18. The hospitals are located throughout North America. The website provides an extensive list of educational information. (813.281.0300)

**CANCER**

[www.cancer.org](http://www.cancer.org): The American Cancer Society is a non-profit organization that is dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering. (800.227.2345)

**CHILD CARE**

[www.naccrra.org](http://www.naccrra.org): The National Association of Child Care Resource and Referral (NACCRRRA) is a non-profit organization dedicated to providing child care information to families. (703.341.4100)

[www.nfcacares.org](http://www.nfcacares.org): The National Family caregivers Association is a non-profit organization that educates, supports, empowers, and speaks up for the more than 50 million Americans who care for loved ones with chronic illness or disabilities. (800.896.3650)

[www.sittercity.com/dod](http://www.sittercity.com/dod); Sittercity is an online service that helps you find experienced babysitters and nannies in your area. Department of Defense has contracted with Sittercity to fund free membership for all military families. (website only)

**CEREBRAL PALSY**

[www.ucp.org](http://www.ucp.org): The United Cerebral Palsy Association is a non-profit organization that is premier gateway to disability resources on the internet and is a network for people with disabilities. (800.872.5827)

## CPR

[www.aedcpr.org](http://www.aedcpr.org); The American AED/CPR Association provides both online and on location based CPR classes. Their online classes have been developed by instructors to make learning CPR both fun and easy. (website only)

[www.cpraedcourse.com](http://www.cpraedcourse.com); American Health Care Academy offers nationally Accepted and easy-to-understand Adult, child and Infant Online CPR certification and Online First Aid certification courses for the community, school, workplace and Healthcare Providers. (888-277-7865)

[www.cprcare.com](http://www.cprcare.com); American CPR Care Association offer Nationally Accepted online CPR/AED and First Aid Certification for Community, School, Workplace and Healthcare Providers. (888.808.9109)

## CYSTIC FIBROSIS

[www.cff.org](http://www.cff.org): The Cystic Fibrosis Foundation is a non-profit organization that provides information about the disease, treatment options, clinical trials, research, and public policy. (800.344.4823)

## DIABETES

[www.diabetes.org/about-us/?loc=rednav](http://www.diabetes.org/about-us/?loc=rednav); The American Diabetes Association is a non-profit organization with the mission to prevent and cure diabetes and to improve the lives of all people affected by this disease. (800.342.2383)

[www.jdrf.org](http://www.jdrf.org): The Juvenile Diabetes Research Foundation International is a non-profit organization that supports those with juvenile diabetes. The website contains information on research, publications, advocacy, and getting involved. (800.533.2873)

## DEVELOPMENTAL DISABILITIES

[www.aucd.org](http://www.aucd.org): The association of University Centers on disabilities is a network of interdisciplinary centers advancing policy and proactive for and with individuals with developmental and other disabilities, their families, and communities. (301.588.8252)

## DOWN SYNDROME

[www.ndss.org](http://www.ndss.org): The National Down Syndrome Society is a non-profit organization that benefits people with Down syndrome and their families through national leadership in education, research and advocacy. (800.221.4602)

## EPILEPSY

[www.efa.org](http://www.efa.org): The Epilepsy Foundation is a non-profit organization with trusted, reliable information for people with epilepsy and their caregivers. (800.332.1000)

## HEART DISORDERS

[www.americanheart.org](http://www.americanheart.org): The American Heart Association is a non-profit organization that provides resources, recipes and tips for a healthy heart. (800.242.8721)

## HEARING IMPAIRMENTS

[www.nad.org](http://www.nad.org): The National Association of the Deaf is a non-profit organization providing services for the deaf and hard of hearing. (301.587.1788 or TTY 301.587.1789)

## HEMOPHILIA

[www.hemophilia.org](http://www.hemophilia.org): The Hemophilia Association is a non-profit organization that is dedicated to enhancing the quality of life in the bleeding disorder community by providing programs and services that offer emotional, financial and educational assistance and support. (212.328.3700)

## INTELLECTUAL DISABILITIES

[www.aamr.org](http://www.aamr.org): The American Association on Intellectual & Developmental Disabilities is a non-profit organization that details the work on local, state and regional chapters of AAMR. (800.424.3688)

[www.bestbuddies.org](http://www.bestbuddies.org): The Best Buddies International is a non-profit organization that is dedicated to enhancing the lives of people with intellectual disabilities by providing opportunities for one-to-one friendships. (305.374.2233)

[www.thearc.org](http://www.thearc.org): The ARC of the United States is a non-profit organization is the world's largest community based organization of and for people with intellectual and developmental disabilities. (800.433.5255)

## LEARNING DISABILITIES

[www.cldinternational.org](http://www.cldinternational.org): The Center for Learning Disabilities is a non-profit organization that addresses issues affecting children and adults with learning disabilities. (888.575.7373)

[www.ncld.org](http://www.ncld.org): The National Center for Learning Disabilities is a non-profit organization that works to ensure the nation's 15 million children, adolescents and

adults with learning disabilities have opportunity to succeed in school, work and life. (888.575.7373)

## LUNG DISORDERS

[www.lung.org](http://www.lung.org): The American Lung association is a non-profit organization with the mission to prevent lung disease and promote lung health. (800.548.8252)

## LUPUS

[www.lupus.org](http://www.lupus.org): The Lupus Foundation of America, Inc is a national non-profit volunteer health organization dedicated to finding the cause of and cure for lupus and providing support and services to all people affected by lupus. (202.349.1155)

## MENTIAL HEALTH

[www.nami.org](http://www.nami.org): The National alliance for Mentally Ill is a non-profit organization dedicated to improving the lives of persons living with serious mental illness and their families. (800.950.NAMI)

[www.nimh.nih.gov](http://www.nimh.nih.gov): The National Institute of Mental Health is a government agency that provides information about symptoms, diagnosis, and treatment of various mental illnesses. Include dare brochures and information sheets, reports, press releases, fact sheets, and other education materials. (866.615.6464)

## MITOCHONDRIAL DISORDERS

[www.umdf.org](http://www.umdf.org)/ The United Mitochondrial Disorder Foundation is a non-profit organization is to promote research and education for the diagnosis, treatment and cure of mitochondrial disorders and to provide support to affected individuals and families. (888.317.8633)

## MUSCULAR DYSTROPHY

[www.mdff.org](http://www.mdff.org): The Muscular Dystrophy Family Foundation is a non-profit organization that provides adaptive equipment and emotional support to individuals and families affected by any one of 40 neuromuscular diseases. (800.544.1213)

## MULTIPLE SCLEROSIS

[www.msassociation.org](http://www.msassociation.org): The Multiple Sclerosis Association of America is a non-profit organization with the mission to enrich the quality of life for everyone affected by multiple sclerosis. (800.532.7667)

[www.nationalmssociety.org](http://www.nationalmssociety.org): The National Multiple Sclerosis Society is a non-profit organization that provides comprehensive information and links to medical facts, publications, local resources, and research updates. (800.344.4867)

## PARENT TRAINING ORGANIZATIONS

[www.familyvoices.org](http://www.familyvoices.org): Family Voices is a non-profit organization which speak on the behalf of children and you with special health care needs for national/state policies and imitative. (888.835.5669)

[www.ncil.org](http://www.ncil.org): Centers for Independent Living is a non-profit, non-residential, private, consumer-controlled, community-based organization providing services and advocacy for persons with all types of disabilities. (877.525.3400)

[www.national.unitedway.org](http://www.national.unitedway.org): The United Way is a non-profit organization that improves lives by mobilizing the caring power of communities. (703.836.7112)

## PRADER-WILLI

[www.pwsausa.org](http://www.pwsausa.org); The Prader-Willi Association is a non-profit organization of families and professionals working together to raise awareness, offer support, provide education and advocacy and promote and fund research to enhance the quality of life of those affected by Prader-Willi syndrome. (800.926.4797)

## RARE DISORDERS

[www.rarediseases.org](http://www.rarediseases.org): The National Organization for Rare Disorders, Inc is a non-profit that is dedicated to helping people with rare, orphan diseases. (800.999.6673)

## RECREATIONAL

[www.bbbs.org](http://www.bbbs.org): The Big Brothers, Big Sister is a non-profit organization that provides mentors for child in your community. (215.567.7000)

[www.bgca.org](http://www.bgca.org): The Boys & Girls Clubs of America is a non-profit organization inspiring and enabling all young people to realize their full potential as productive, responsible and caring citizens. (404.487.5700)

[www.girlscout.org](http://www.girlscout.org): The Girls Scouts is a non-profit organization dedicated solely to girls, in an accepting and nurturing environment, girls build character and skills for success in the real world. (800.478.7248)

[www.scouting.org](http://www.scouting.org): The Boy Scouts is a non-profit organization that provides quality youth programs, including Cub Scouting, Boy Scouting, and Venturing. (website only)

[www.specialolympics.org](http://www.specialolympics.org): The Special Olympics is a non-profit organization that provides year-round sports training and athletic competition to more than 2.5 million people with intellectual disabilities in more than 165 countries. (202.628.3630)

### **SPEECH AND HEARING**

[www.apraxia-kids.org](http://www.apraxia-kids.org): The Apraxia Kids Website is a non-profit organization for oral motor speech-language disorders affecting children. (412.343.7102)

[www.asha.org](http://www.asha.org): The American Speech & Hearing Association is a non-profit organization for audiologist, speech-language pathologist, and speech, language, and hearing scientist. (800.638.8255)

### **SPINA BIFIDA**

[www.sbaa.org](http://www.sbaa.org): The Spina Bifida Association of America is a non-profit organization dedicated to education, advocacy, research and services for people with Spina Bifida. (202.944.3285)

### **SPINAL CORD INJURY**

[www.spinalcord.org](http://www.spinalcord.org): The National Spinal Cord Injury Association is a non-profit organization that helps individuals and families with spinal cord injury issues to make informed choices and take actions to achieve their highest level of independence and personal fulfillment. (718.803.3782)

### **TOURETTE SYNDROME**

[www.tsa-usa.org](http://www.tsa-usa.org): The Tourette Syndrome Association, Ins. is a non-profit organization that develops educational information for parents, caregivers, and physicians, and agencies. (718.224.2999)

### **VISUAL IMPAIRMENTS**

[www.afb.org](http://www.afb.org): The American Foundation for the Blind is a non-profit organization enabling blind or visually impaired people to achieve equality and access. (800.232.5463)

[www.brailleinstitute.org](http://www.brailleinstitute.org): The Braille Institute of America is a non-profit organization with the mission to eliminate blindness and severe sight loss as a barrier to a fulfilling life through education and support services. (website only)

[www.interdys.org](http://www.interdys.org): The International Dyslexia Association is a non-profit organization that provides resources for professionals and families dealing with individuals with reading disabilities. (410.296.0232)

[www.pavevision.org](http://www.pavevision.org): Parents Active for Vision Education is a non-profit organization that provides information on vision therapy, behavioral optometry, development, vision, learning, special education and special needs with vision health. (website only)

**OTHERS:**

[www.cci.org](http://www.cci.org): The Canine Companions for Independence is a non-profit organization for obtaining assistance dogs. (800.572.2275)

[www.eparent.com](http://www.eparent.com): The E-Parent Magazine is for parents of children or young adults with disabilities. The Website includes reports, forum, product links, and books for a wide range of disabilities. (800.372.7368)

[www.wish.org](http://www.wish.org): The Make-A-Wish Foundation is the nation's largest wish-granting non-profit organization. Since 1980, has given hope, strength and joy to children with life-threatening medical conditions. (800.722.9474)