

VIRGINIA

STAFFORD COUNTY RESOURCES

EDUCATION

PUBLIC SCHOOLS

www.stafford.schoolfusion.us/; Stafford County Public Schools. (540.658.6000)

CHILD FIND

www.stafford.schoolfusion.us/modules/cms/pages.phtml?pageid=25888&sessionid=751c8772d09330687125a915f487099d&sessionid=751c8772d09330687125a915f487099d;

The Child Find for Stafford County Public Schools is designed to identify, locate and evaluate those children residing in the jurisdiction who are birth to age 21, inclusive and are in need of special education services. (540.658.6517)

HEAD START

www.headstart.stafford.schoolfusion.us/?sessionid=1927fcc6f40460efa422fdef1203b8d&t; Head Start is a federally funded program for preschool children from low-income families. The program is operated by Stafford County Public Schools for children between the ages of 4 and 5 years old. (540.368.2559)

PRIVATE SCHOOLS

www.privateschoolreview.com/county_private_schools/stateid/VA/county/51179; Provides a listing of private High Schools, Elementary Schools, and Pre-Schools within Stafford County. (website only)

SPECIAL EDUCATION

www.stafford.schoolfusion.us/modules/cms/pages.phtml?pageid=251846&sessionid=751c8772d09330687125a915f487099d; Stafford County Public School's Special Education services. (540.658.6500)

SPECIAL EDUCATION PARENT RESOURCE CENTER

www.stafford.schoolfusion.us/modules/cms/pages.phtml?sessionid=751c8772d09330687125a915f487099d&pageid=25889&sessionid=751c8772d09330687125a915f487099d;

The Parent Resource Center mission is to assist parents and families of children with special needs to become active participants in their child's education through training, information, and resources. (540.658.6710)

SPECIAL EDUCATION PRIVATE SCHOOLS

www.doe.virginia.gov/special_ed/day_residential_schools/directory.pdf; List of private High Schools, Elementary Schools, and Pre-Schools providing services for students with disabilities. (804.225.4551)

GOVERNMENT

COMMUNITY SERVICES BOARD (CSB)

ADULT SERVICES

Intellectual Disability

www.racsb.state.va.us/mentalretardation.htm : Intellectual Disability (ID) Support Coordination services help people with intellectual disabilities. Group coordinators assess and link individuals and families to needed vocational, recreational and residential programs. (540.373.6876)

Mental Health

www.racsb.state.va.us/mentalhealth.htm: Adult Mental Health Services provide services to adults who have experienced or are at risk of experiencing serious mental illness. (540.373.6876)

Substance Abuse

www.racsb.state.va.us/substanceabuse.htm: The Adult Substance Abuse program staff evaluates and assist individuals and families dealing with drug and alcohol issues. (540.373.6876)

Vocational

www.racsb.state.va.us/kenmore.htm; Stafford County Vocational Services provide services for adults with psychiatric and cognitive disabilities who want to move fully and effectively integrate into the community. Vocational Services is made up of three programs; Horticultural Therapy, Prince William Club, and the Supported Employment Program. (540.373.6876)

CSB EMERGENCY SERVICES

www.racsb.state.va.us/emergencyservices.htm : The emergency services division is at the center of CSB delivery system. The division consists of two components, Intake Services and Crisis Intervention Services. (540.373.6876)

INFANT & TODDLERS

www.racsb.state.va.us/earlyintervention.htm; Infant & Toddler Connection of the Rappahannock Area is the early intervention programs that provide services for families of infants and toddlers, birth to three years of age, who have a disability or developmental delay. (540.372.3561)

SENIOR SERVICES

www.raaa16.org/index.htm: The Rappahannock Area Agency for the Aging serves older adults, their families and caregivers in the Stafford, Spotsylvania, and Fredericksburg Area. (540.371.3375)

www.va-staffordcountyparksandrec.civicplus.com/Directory.aspx?did=10 The Senior Citizens Center is located at the Rowser Building and is responsible for planning, implementing, and evaluating all senior citizen programs (for ages 55+) including trips, special events, brunches and luncheons, arts and crafts, and exercise classes. The Stafford Senior Center is located at the Rowser Building and is open Monday through Friday from 8 AM to 4:30 PM. It includes a large meeting room, library, arts and crafts room, large commercial kitchen, and two smaller meeting rooms for senior citizen use. (540.658.5116)

YOUTH SERVICES

Intellectual Disability

www.racsb.state.va.us/mentalretardation.htm; Form children 18 years and under, most Case Management services are offered by the school system; however the Community Services Intellectual Disability staff is available for assessment for waivers. (540.659.2725)

Mental Health

www.racsb.state.va.us/substanceabuse.htm: Youth Mental Health Services are provided through five New Horizons programs to include clinic-based, home-based, juvenile detention center, prevention and school-based services. . (540.659.2725)

Substance Abuse

www.racsb.state.va.us/substanceabuse.htm: Youth Substance Abuse Services are provided through five New Horizons programs to include clinic-based, home-based, juvenile detention center, prevention and school-based services. (540.659.2725)

HEALTH DEPARTMENT

WOMEN AND CHILDREN

www.vdh.state.va.us/lhd/rappahan/wic.htm; The Rappahannock Area Women, Infants and Children (WIC) program provides Federal grants to States for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. (540.659.3101)

SOCIAL SECURITY ADMINISTRATION

SOCIAL SECURITY DISABILITY INSURANCE (SSDI)

www.ssa.gov/pgm/disability.htm; Social Security Disability Insurance is a Federal program funded by the social security funds deducted from your employment checks. To qualify for SSDI benefits you must meet the definition of disability and you must have worked long enough-and recently enough-under Social Security to qualify for disability benefits. Contact the SSA office for your worked earned credit amounts. (800.772.1213)

SUPPLEMENTAL SECURITY INCOME (SSI)

www.ssa.gov; Supplemental Security Income is a Federal income supplement program funded by general tax revenues (not Social Security taxes). It is designed to help aged, blind, and disabled people, who have little or no income and provides money to meet basic needs for food, clothing, and shelter. For initial application for services, you may call or visit the social security website for the application. When transferring into the state of Virginia with SSI benefits from a previous state, it is required to visit the SSA office in your county to transfer SSI services (800.772.1213)

SOCIAL SERVICES

CHILDCARE

Childcare Assistance

www.co.stafford.va.us/index.aspx?NID=889; The Department of Social Services administers a variety of programs to provide child care assistance to low income working families. (540.658.8720)

Childcare Directory

www.dss.virginia.gov/facility/search/cc.cgi; Stafford County Child Care Data base by zip code for child care services in a center based, family based or pre-schools setting. (website only)

www.sittercity.org/dod; MilitaryOnesource has contracted with Sittercity to provide military families with instant access to over a million nationwide comprehensive caregiver's profiles which include background checks, references, reviews, pictures, and much more. The membership to Sittercity is fully paid by the Department of Defense; you make all arrangements including hiring and payment of caregivers. (website only)

COUNTY INFORMATION & REFERRAL

www.pwccgov.org/government/dept/socialservices/Pages/211-Human-Service-Information-and-Referral.aspx; 2-1-1 Virginia provides a wide variety of free health and human service referrals. (211)

FINANCIAL ASSISTANCE

www.co.stafford.va.us/index.aspx?nid=889; The Stafford Department of Social Services assists the families and individuals who find themselves in financial need. The financial assistance program includes Supplemental Nutrition Assistance Program (SNAP) know as food stamps, Medicaid to include the **Elder and Disabled Consumer Directed Waiver (EDCD)**, Family Access to Medical Insurance Security Plan (FAMIS), and Temporary Assistance to Needy Families (TANF) (540.658.8720)

JUVENILE DETENTION CENTER

www.racsb.state.va.us/jail.htm; The Juvenile Detention Center provides a physically restricting facility for the short-term care of children apprehend for delinquency who require secure custody for their own protection or that of the community. (540.658.1691)

PROTECTION SERVICES

Adult Protection Services

www.co.stafford.va.us/index.aspx?NID=889; Adult Protective Services consist of the receipt and prompt investigation of valid reports of abuse neglect and exploitation of individuals with disabilities who are eighteen years of age or older or anyone over the age of sixty. (540.658.8720)

Child Protection Services

www.dss.state.va.us/index.html; The Child Protective Services intake receives and screens reports of abuse and neglect of children under the age of 18 years. (540.658.8720)

MEDICAL

TRICARE

TRICARE NORTH REGION

www.hnfs.com; Health Net Federal Services is the TRICARE provider for the military families living in Virginia. (877.874.2273)

TRICARE Behavioral Health

www.hnfs.com; TRICARE offers many behavioral health benefits and resources. A beneficiary may receive an initial consultation and eight follow-up outpatient therapy visits, per fiscal year from a network provider without a Health Net referral.

Extended Health Care Option (ECHO)

<https://www.hnfs.net> The Extended Care Health Option (ECHO) is a supplemental program to the basic TRICARE program, which provides access to benefits/services not otherwise available through Basic TRICARE. Benefits under ECHO include the following: a device or apparatus which does not qualify as Durable Medical Equipment under the basic program, Applied Behavioral Analysis (ABA) Therapy, assistive services to access services and or equipment provided by ECHO, assistive technology devices, vocational training, home health care and respite care. (571. 227.6639) (Fax 571.227.6705)

ECHO Home Health Care

<https://www.hnfs.net> The EHHC program provides up to eight hours per day, five days per week of skilled nursing care for those who qualify for ECHO and needs nursing care services. The EHHC benefit cap is equivalent to what TRICARE would reimburse if the beneficiary was in a skilled nursing facility. (571. 227.6639) (fax 571.227.6705)

MILITARY TREATMENT CENTERS

Naval Health Clinic Quantico

www.med.navy.mil/sites/nhcq; The Naval Health Clinic, Quantico, is staffed and equipped to provide non-emergency ambulatory healthcare. Walk-in appointments and Emergency Services are not available. The clinic is open from 0730-1800 Monday through Friday. (703-784-1725) appointments (1.855.227.6331)

Walter Reed National Military Medical Center

www.bethesda.med.navy.mil; The National Naval Medical Center is one of the nation's largest military medical centers. NNMC is comprised of nearly 4,500 professionals who make it their daily mission to serve you. Bethesda is located 46 miles north of MCB Quantico and travel times are estimated between one and two hours depending on traffic. The hospital is accessible by the Metrorail system. (800.526.7101) appointments (1.855.227.6331)

Fort Belvoir Community Hospital, Ft. Belvoir

www.fbch.capmed.mil/SitePages/Home.aspx; The new community hospital at Fort Belvoir will be part of an integrated healthcare network providing world class medical service to the nations wounded, Active duty service members, retirees, and family members. This new hospital is designed to increase hospital and outpatient care to all service members and veterans in the National Capital Region. This is a 120 bed facility with intensive care unit, Behavioral health inpatient unit, cancer center, emergency center, additional operating rooms, and improved diagnostics centers. (571-231-3224) appointments (1.855.227.6331)

Fort Belvoir Community Hospital, Woodbridge Clinic

www.fbch.capmed.mil/SitePages/Home.aspx; The Woodbridge clinic, a member of the Fort Belvoir Community Hospital serves a large active duty military population in Northern Virginia. (571-231-3224) appointments (1.855.227.6331)

CIVILIAN HOSPITALS

Children's National Medical Center

www.childrensnational.org; Children's National Medical Center is the only exclusive provider of pediatric care in the metropolitan Washington area and is the only freestanding children's hospital between Philadelphia, Pittsburgh, Norfolk, and Atlanta, serving the nation's children for 140 years. Children's National is a proven leader in the development and application of innovative new treatments for childhood illness and injury. (202.476.5000)

John Hopkins Hospital

www.hopkinsmedicine.org From the 1889 opening of The Johns Hopkins Hospital, to the opening of the School of Medicine four years later, there emerged the concept of combining research, teaching and patient care. This model, the first of its kind, would lead to a national and international reputation for excellence and discovery. (410.955.5000)

Potomac Hospital

www.potomachospital.com; Potomac Hospital is not part of one of the largest health systems in Virginia...Sentara Healthcare with the mission to provide quality patient care. (703.670.1313)

Mary Washington Healthcare System, Stafford & Fredericksburg

www.marywashingtonhealthcare.com Mary Washington Hospital is a full-service hospital offering advanced services usually found in major cities, right here in Fredericksburg and Stafford. The Fredericksburg facility is a 437-bed, full-service hospital offering advanced services. More than 400 area physicians and health professions represent 45 medical specialties. The Stafford Hospital is a state-of-the-art, full-service hospital. Their medical staff of 350 includes physicians' representing 18 specialties. Fredericksburg (540.741.1100), Stafford (540.741.9000)

DENTAL

TRICARE Dental Program

www.metdental.com The TRICARE Dental Program (TDP) is a voluntary dental insurance program administered by MetLife. TDP is for eligible enrollees and offers a comprehensive dental benefit. For enrollees, the TDP covers a wide range of diagnostic, preventive and restorative services. You may seek care from a network of

more than 64,000 participating dentists, or you may use nonparticipating dentists at an additional cost to you. (800.866.8499)

Walter Reed National Military Medical Center Dental Program

www.bethesda.med.navy.mil The Walter Reed National Military Medical Center is one of the nation's largest and most renowned military medical centers, best known for its history of providing care to war heroes and presidents alike for the past 65 years. People come here to heal, to stay healthy, and to help others, to teach the next generation, to practice quality medicine, and take part in cutting-edge clinical research. (800.526.7101)

DEERS

www.dmdc.osd.mil/appj/address/login/SelectLogin.do; Family members must be registered in the Defense Enrollment Eligibility Reporting System (DEERS) program to be eligible for TRICARE & EFMP services. The Website will provide the ability to update your status. (800.538.9552)

HOUSING

BASE HOUSING

<http://www.quantico.usmc.mil/activities/display.aspx?PID=1676&Section=CO>; Base quarters are assigned to officer and enlisted personnel according to grade and number of family members. A member must report aboard, and present a copy of his/her reporting endorsement or a memorandum for housing purposes only from the IPAC before application for quarters can be made. Also, the member must be detached from his/her previous duty station. The date of detachment from the previous duty station is the control date for the wait list, providing application is made within 30 calendar days after official reporting aboard, and will also be used when checking in for housing purposes only. A member can place his/her name on the wait list for housing prior to arrival by faxing a DD 1746 together with a copy of detachment orders. Housing is currently managed by Lincoln Property Company on behalf of the Public Private Venture. (703.784.2711) fax (703.784.5958)

OFF BASE HOUSING RESOURCES

<http://www.quantico.usmc.mil/activities/display.aspx?PID=1676&Section=CO>; An off-base housing referral service is operated by the Family Housing Office. Incoming

personnel, whether married or single, must report to this office prior to renting/purchasing in the civilian community. Personnel will receive helpful information on all types of off-base housing. A list of approved and non-approved apartment complexes/mobile home parks and other pertinent rental information is provided for those interested in renting. A computer printout of listed properties is supplied to those desiring to rent/purchase a condominium, townhouse, or house. Virginia booklets and a fact sheet on how to obtain a Certificate of Eligibility for a Virginia Loan are also available. Service members must check in with the Housing Referral Office prior to making any arrangements for off-base housing. Please call our housing office for assistance with your off-base housing needs. (703.784.2711)

MARINE CORPS COMMUNITY SERVICES

BEHAVIORAL HEALTH BRANCH

Consolidated Substance Abuse Counseling Center (CSACC)

www.quantico.usmc-mccs.org/csacc The Substance Abuse counseling Center provides both outpatient and intensive outpatient treatment aboard Marine Corps Base Quantico. Treatment includes case management (referrals to inpatient care if needed), counseling, treatment planning and aftercare/continuing care recommendations. Treatment is abstinence based, uses an individualized continuum of care approach and is coupled with emphasis on personal responsibility and 12-step self-help programs. Treatment is primarily offered to Active Duty personnel. All treatment services are based on the individuals' needs and have a variable length of stay, based on these needs. (703.784.3502)

Family Advocacy Program & Clinical Counseling (FAP)

www.quantico.usmc-mccs.org/fap MCCS counseling services/Family Advocacy Program offers appropriate levels of intervention, treatment, and counseling services to Marines, sailors, and their families. In order to assist resolving personal and family problems, clients are provided counseling, victim advocacy, information/referrals, and support-to include prevention and education services. (703.784.2570)

New Parent Support Program (NPSP)

www.quantico.usmc-mccs.org/NPSP The new Parent Support Program is an intensive prevention and outreach program that offers in-home visits, parenting program that offers in-home visits, parenting education, support groups, and information and referral for the Marine Corps community who are expecting a child or who are parenting young children up to six years of age. The New Parent Support Program is

comprised of a team of Registered Nurses Licensed, Clinical Social Workers and Licensed marriage and Family Therapists who are experienced in new born care, infant/child development, and parent education. (703.784.4248)

FAMILY CARE BRANCH

Children Youth & Teen Program

www.quantico.usmc-mccs.org/CYTP The Quantico CYTP provides care for children ages 6 weeks through 18 years of age, in a variety of settings, to include the Child Development Center, the Quantico Youth & Teen center, and Family Child Care homes. Hourly care and full-time care are year round programs, while Part Day Preschool and School Age Care follow the school year calendar. Registration for all of these programs is completed at the Resource & Referral office located at the Child Development Center. (703. 784.4453/0674)

Exceptional Family Member Program

www.quantico.usmc-mccs.org/EFMP; The Exceptional Family Member Program is a mandatory enrollment program for all Active duty personnel that has family members with special medical or educational needs. (571.931.0524)

School Liaison

www.quantico.usmc-mccs.org/SL; The mission of the School Liaison is to utilize community-based resources to enhance the academic learning environment of military school age children as they navigate the transitions unique to the military lifestyle. (703.784.4729)

FAMILY READINESS BRANCH

Family Readiness Officers

www.quantico.usmc-mccs.org/FRO; The Family Readiness Officers are located at each unit with the goal to provide the Marines and their families with support, training and information. (Phone listing on website)

Marine Corps Family Team Building (MCFTB)

www.quantico.usmc-mccs.org/MCFTB The mission of Marine Corps Family Team building is to foster personal growth and enhance the readiness of Marine Corps families, which will enable them to understand and successfully meet the challenge of the Marine Corps lifestyle. The intent is to build a strong bond between the service member, their family and the Marine Corps. All MCFTB program are free. (703) 432-1901, (703.784.1211)

Families OverComing Under Stress

www.quantico.usmc-mccs.org/FOCUS FOCUS is a program designed to train military families and children to use strength-based resiliency skills to meet many of the challenges and stressors commonly experienced in the military. These skills fortify family cohesion, care and communication. (703.784.0189)

PERSONAL AND PROFESSIONAL DEVELOPMENT BRANCH

Family Member Employment Assistance Program (FMEAP)

www.quantico.usmc-mccs.org/fmeap The Mission of the Family Member Employment Assistance Program is to provide Comprehensive Employment Related Services to Military Spouses and other Family Members and empower military spouses with the tools necessary to achieve their goals through Career, Educational, life Goals, or Volunteerism. (703.784.3232)

Information & Referral

www.quantico.usmc-mccs.org/informationreferral Confused and not sure where to turn for help? Have questions? Looking for answers? Call or visit us for help. We link you to available programs and services on the base or throughout surrounding communities. (703.784.2659)

Personal Financial Manager Program (PFMP)

www.quantico.usmc-mccs.org/pfmp The Personal Financial Management Program provides personal financial education, training, counseling and information and referral. A solid understanding of your personal financial situation and prospects will give you a better chance of achieving financial success during your career and helping build confidence in facing financial challenges and responsibilities. These services are free of charge and part of your benefits by serving in the U.S. Marine Corps. (703.784.2650)

Relocation Assistance Program (RAP)

www.quantico.usmc-mccs.org/rap The Relocation Assistance Program provides base newcomers and personnel departing for new duty stations with base "Welcome Aboard" briefs, relocation workshops, and extensive information on most duty stations worldwide. Sponsorship training and coordination is provided, and household items such as dishes, cookware, futons, porta-cribs, and high chairs are available for short-term loan from the Loan Locker. (703.784.4961) (800.336.4663)

Transition Assistance Program (TAP)

www.quantico.usmc-mccs.org/tap; The Career Resource Management Center (CRMC) manages the Transition Assistance Program which assists retiring or separating military personnel and their family members in their search for employment. Job search training, personal improvement workshops and individual counseling are provided. The center has an automated national job bank and takes part in local and

regional job fairs. Additionally, the center features the Family Member Employment assistance Program to help family members who are new to the area search for jobs. (703.784.2511)

Voluntary Education Center

www.quantico.usmc-mccs.org/LLEC The Voluntary Education Center offers a variety of free educational services to Active Duty Military, family members, civilian employees and Reservists. Voluntary Education's goal for our Quantico family is to provide the information and tools necessary to achieve their educational goals. (703.784.3340)

OTHER

Military Family Life Consultants (MFLC)

<http://www.quantico.usmc-mccs.org/FAP/mflc.cfm>; Military Family Life Consultants (MFLC's) are here to provide short-term counseling to those who may need assistance with personal, private matters. MFLC's do not take notes, records, or any form of identifying information-they provide confidential counseling. This program supports all active duty military, retirees, reservists, and family members. MFLC's take walk in clients or by appointment. (703.784.4220) (703.432.1905)

Navy-Marine Corps Relief Society

www.nmcrrs.org; The Navy-Marine Corps Relief Society is a world-wide nonprofit charitable organization designed to provide financial, educational, and other assistance to members of the Marine Corps, eligible family members and survivors, when in need. (703.784.9754)

Red Cross

www.redcross.org; The American Red cross helps prepare communities for emergencies and keep people safe every day thanks to caring people who support their work. (703.784.3113)

MILITARY COMMUNITY SUPPORT

ARMED SERVICES YMCA

www.asymca.org; The mission of the Armed Services YMCA of the USA is to put into practice through educational, recreational, social and religious programs and services for military personnel. They offer programs such as childcare, hospital assistance, spouse support services, food services, computer training classes, health and wellness services, and holiday meals, among others. (703.313.9600)

FISHER HOUSE FOUNDATION

www.fisherhouse.org; The Fisher House program is a unique private-public partnership that supports America's military in their time of need. They have donated "comfort homes" built on the grounds of major military and VA medical centers. These homes enable family members to be close to a loved one at the most stressful time, during the hospitalization for an unexpected illness, disease, or injury. No family pays to stay at any Fisher House. (888.294.8560)

MILITARYHOMEFRONT

www.militaryhomefront.dod.mil; MilitaryHOMEFRONT is the Department of Defense website for official Military Community and Family Policy (MC&FP) program information, policy and guidance designed to help troops and their families, leaders, and service providers. Whether you live the military lifestyle or support those who do, you'll find what you need.

MILITARY INSTALLATIONS

www.militaryinstallations.dod.mil/pls/psgprod/f?p=MI:ENTRY; The official Department of Defense source for installation and state resources available to active duty, guard and reserve service and family members. (website only)

MILITARYONESOURCE

www.militaryonesource.mil; Designed to help with life's issues, 24 hours a day, 7 days a week, 365 days a year you can access information.

MILITARY CHILD EDUCATION COALITION

www.militarychild.org: Non-profit, world-wide organization that identifies the challenges that face the highly mobile military child. (254.953.1923)

MILITARY IMPACTED SCHOOLS ASSOCIATION

www.militaryimpactedschoolsassociation.org; Military Impacted Schools Association (MISA) is a national organization representing school districts that serve high concentrations of military children. The organization works to provide a continuum of quality education for all military children.

NATIONAL MILITARY FAMILY ASSOCIATION

www.nmfa.org; NMFA, "The Voice for Military Families," is dedicated to providing information to and representing the interests of Family members of the uniformed services. In addition to information on deployment, education, Family life and health care, NMFA provides valuable links to other useful sites designed to give you the latest information available. They have a "Back to School" section which includes many links to valuable information on education for students and parents.

USA 4 MILITARY FAMILIES

www.USA4MilitaryFamilies.org; The USA4 Military Families initiative seeks to engage and educate state policymakers, not-for-profit associations, concerned business interests, and other state leaders about the needs of Military members and their families, particularly as those needs intersect with state public policy. Through state/military partnerships, DoD seeks to develop relationships with states, work with them to remove unnecessary barriers, and significantly improve the quality of life for military families

NON-PROFIT ORGANIZATIONS

www.arc-rapp.org; The ARC of Rappahannock is a non-profit organization which is the world's largest community based organization of and for people with intellectual and developmental disabilities. Due to generous community support, The Arc has been a forerunner in residential services, child care services, vocational services, recreational activities, family support, and advocacy. (540.318-6061)

www.autismoutreach.org; As our kids grow up and become more involved socially, there are often important, yet sensitive, topics that come up in their lives. Autism Outreach has developed workshops for our kids and their families to help address these topics, raise awareness, and support our families by providing a safe environment where we can promote understanding and awareness of these issues. (703.689.0019)

www.dsanv.org; The Down Syndrome Association of Northern Virginia is a non-profit organization that benefits people with Down syndrome and their families through national leadership in education, research and advocacy. (703.621.7129)

www.fredgoodwil.org; The Rappahannock Goodwill Industries mission is to provide people with barriers to employment, particularly those with disabilities, an array of quality vocational and educational services so that they can work most independently. (800.789.2816)

www.cildrc.org The disAbility Resource Center's is a non-profit organization associated with the Independent Living Center with the mission to assist people with disabilities, those who support them, and the community, through information, education, and resources, to achieve the highest potential and benefit of independent living. (540.373.2559)

www.meetup.com/novachadd/: The Child & Adults with Attention Deficit Disorder for Northern Virginia is a non-profit organization working to improve the lives of affected people through education, advocacy and support. (website only)

www.nami.org/sites/NAMIRappahannock; The National Alliance for Mentally Illness of Rappahannock area is a non-profit organization dedicated to improving the lives of persons living with serious mental illness and their families. (540.479.3044)

www.nichcy.org; National Information Center for Handicapped Children and Youth (NICHCY) is paid by a federal grant through the department of education to be the clearing house for information for children birth through 22 years old. (website only)

www.poac-nova.org; Parents of Autistic Children of Northern Virginia (POAC-NOVA) provides news, resources and events for families in the Northern Virginia area. (703.391.2251)

www.peatc.org; Parent Educational Advocacy Training Center (PEATC) is the Parent Training and Information Center for the state of Virginia that provides up-to-date information, and high quality resources and materials for families with children with disabilities. PEATC is a non-profit organization that is funded by a federal grant through the Department of Education. (800.869.6782)

www.area11sova.org; The Area 11 Special Olympics of Virginia is a non-profit organization that provides year-round sports training and athletic competition for individuals with developmental disabilities who reside in the county from ages 2 through adult. (540.891.0099)

www.ucpdc.org; The United Cerebral Palsy Association of Washington DC & Northern Virginia is a non-profit organization that is premier gateway to disability resources on the internet and is a network for people with disabilities. (202.269.1500)

www.rappahannockunitedway.org; Rappahannock United Way was formed as a voluntary organization to raise and distribute charitable contributions. An estimated 1,000 people from many segments of the Rappahannock area volunteered through the United Way to improve the social and economic well-being of residents in Caroline, King George, Spotsylvania, Stafford counties and the city of Fredericksburg. (540.373.0041)

www.vats.org; The mission of the Virginia Assistive Technology System (VATS) is to ensure that Virginians of all ages and abilities can acquire the appropriate, affordable assistive and information technologies and services they need to participate in society as active citizens. (804.662.9990)

www.vopa.state.va.us; Virginia Office for Protection and Advocacy (VOPA) is the Disability Rights Network that is a non-profit organization for federally mandated Protection and Advocacy System and Client Assistance Programs for individuals with disabilities. (800.552.3962)

www.vats.org; The mission of the Virginia Assistive Technology System (VATS) is to ensure that Virginians of all ages and abilities can acquire the appropriate, affordable assistive and information technologies and services they need to participate in society as active citizens. (804.662.9990)

www.family-ymca.org; The Rappahannock Area YMCA, Inc. continues to grow to meet the unique needs of our community. The YMCA is open to everyone. Through our "Open Doors" program, financial assistance is made available to those in need, thanks

to the generosity of our donors and friends. Provides the Stafford before and after school programs serving all Stafford County Elementary Schools (540.735.9622)