Rules & Regulations

1. Children 10 years of age and over, who have successfully completed the swim test may use the pool unaccompanied.
2. Children 9 years of age and younger, regardless of swimming ability, must be accompanied by a parent or guardian who is 16 years of age or older.
3. Children 15 years of age or younger will not be permitted in the deep end and may not use the diving boards or water slides until they have passed a swim test given by a staff member.
4. Parents or guardians of non-swimming children may not position themselves under the diving boards or slide to catch their child.
5. Children under the age of 7 and less than 4 feet tall must be within arms reach and under direct supervision of an individual at least 16 years of age.
6. Persons accompanying children under the age of 10 must remain in the pool area with them and are responsible for their care and conduct.
7. Rest periods are required for patrons 15 years of age or younger, every 15 minutes before the hour.
8. All patrons are required to pay prior to entering the pool.
9. Participants in water aerobics, swim lessons, physical training, or any other activity outside of normal pool hours or programming, must exit the pool upon completion of activity.
10. Watertight swim diapers must be worn at all times by children who are not potty trained. Disposable swim diapers may be worn only when used in conjunction with a water tight swim diaper cover.
11. Animals, with the exception of Seeing Eye dogs, are not allowed.
12. The following items/situations are not allowed:
    a. Diving outside of designated diving areas
    b. Radios or other media devices that do not have earplugs for personal listening. Volume should be adjusted for individual listening.
    c. Profanity or vulgar remarks.
    d. Horseplay.
    e. Public displays of affection
    f. Bicycles, rollerblades, skateboards, etc. in pool area.
    g. Throwing of bathers or allowing them to dive from shoulders, hands, or knees.
    h. Allowing bathers to sit or hang from head or shoulders.
    i. Dunking or chicken fighting.
13. Fighting is forbidden.
14. Food and drinks are only allowed in designated areas.
    a. Only food and drinks in plastic/aluminum containers are permitted.
15. Glass or ceramic containers, of any type, are strictly prohibited.
16. Lap lanes are for lap swimming and aquatic exercise only.
17. Do not leave valuables unattended or in an unlocked locker. Quantico 50M Pool not responsible for lost or stolen items.
18. Alcohol and illegal substances are not allowed. Individuals who appear to be under the influence will not be allowed in the facility and/or will be asked to leave the facility.
19. Non-Glass swim masks and goggles may be used, but diving into the pool from the edge, slide, or diving board while wearing these devices is prohibited.
20. Snorkels are not allowed.
    a. Exceptions will be made for those individuals wishing to use a snorkel for lap swimming purposes who provide a letter from their physician.
21. Showers must be taken each time before entering the pool.
    a. This includes after sunbathing, applying sunscreen/oil, or personal hygiene items (hairspray, deodorant, lotion, etc.)
22. Swimsuits or clothing that serves the purpose of covering the body during swimming are required. Thong bikinis, transparent clothing, and cut offs are not permitted.
23. Individuals who have sores, an infectious or communicable disease or bandages will not be permitted in the pool.
24. Ladders, stairs, and lifts are for entering and exiting the pool. Please do not congregate around these structures.
25. Floatation devices that may detach from the swimmer are not permitted. Noodles may be permitted, at the discretion of the manager on duty, in the shallow end only.
26. The pool will be closed to all incoming patrons, regardless of status, when authorized capacity limits have been reached. Patrons will be admitted only when numbers decrease and space is available on a first-come, first-served basis.
27. Conversations with lifeguards who are on duty should be kept to a minimum.
28. The lifeguards on duty serve as competent authority to enforce pool rules and regulations.
29. The Aquatics Director reserves the right to deny use of the pool and facility to anyone who is observed in violation of these pool rules and regulations.