

# RECREATION/ITT TICKET & CLASS REGISTRATION OFFICE

located at the  
Marine Corps Exchange  
3500 Russell Rd, MCB Quantico  
**703-432-8850**

Summer Hours  
(Memorial Day - Columbus Day)  
Mon-Wed: 0900-1800  
Thu & Fri: 0900-1900  
Sat: 0900 - 1600

Regular Hours  
(Columbus Day - Memorial Day)  
Mon-Wed: 0930-1700  
Thu & Fri: 0900-1800  
Sat: 0900 - 1400

## A VARIETY OF TICKETS FOR PURCHASE!

- Movie Theater Tickets
- Washington, DC Area Attractions
- Sporting Events
- Florida Parks
- Amusement Parks
- Baltimore Aquarium
- Historic Williamsburg
- Jamestown Area



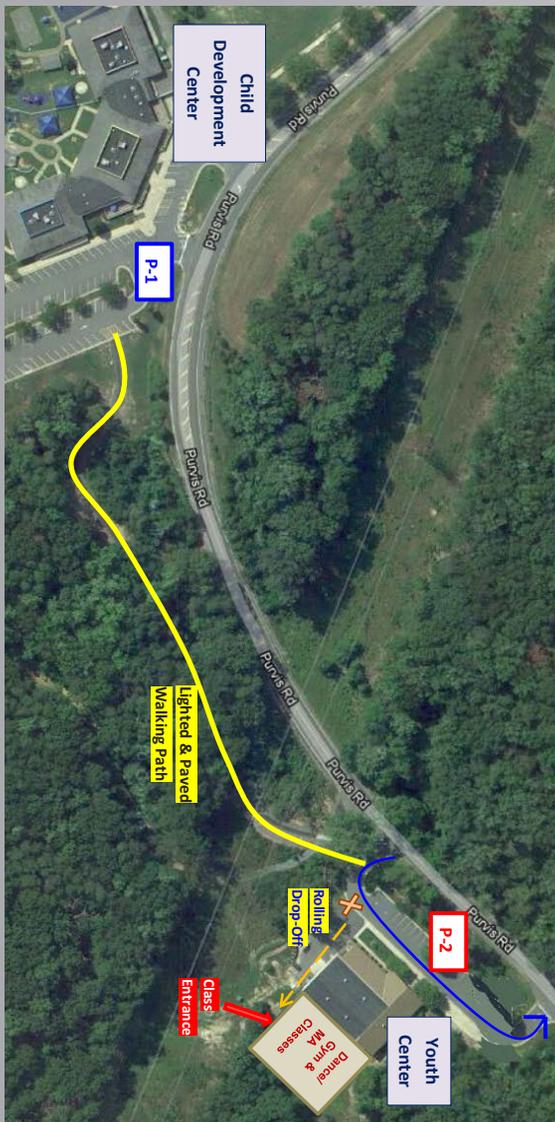
Revised 2/2013

# Martial Arts Classes

Recreation, Information,  
Tickets, and Tours

**MCCS Martial Arts Program**  
**Youth Center** (*Semper Fit Annex*)  
**3312 Purvis Road**  
**Quantico, VA 22134**  
**703-432-8850**

[www.quantico.usmc-mccs.org](http://www.quantico.usmc-mccs.org)



**P-1** Child Development Center parking lot is available Monday – Friday with no restrictions.

**P-2** NO PARKING in the Youth Center lot before 1830 Monday – Thursday & 1930 on Fridays. **EXCEPTION:** Tuesday classes held between 0930-1130 may park in the Youth Center lot as long as no other events in the Youth Center are planned.

**X** Parents may drive up and let children out of the vehicle at drop-off spot marked on the map, but parents may not leave their vehicle and must continue on so as not to block traffic. If parents choose to wait during class, they must do so in the CDC lot.

**—** This lighted and paved walking path connects the CDC and the Youth Center Parking lots.





## CLASS SCHEDULE

### KEMPO KARATE (MONDAYS)

Taught as a cohesive combination of Okinawan Kempo, traditional Karate, and contemporary martial ideas. The class utilizes a wide variety of methods to provide basic and advanced understandings of martial and developmental arts.

Age Group	Time
5-7 years	1715-1800*
5-7 years	1800-1845
8-Up	1845-1945

\*During School Year

### JUDO/JUJITSU (WEDNESDAYS)

Jujitsu, a system of joint locks and throws, is the basis of both Judo and Aikido. The class offers traditional techniques, analysis and training of skills, and approaches utilized in Jujitsu.

Age Group	Time
5-7 years	1715-1800*
5-7 years	1800-1845
8-Up	1845-1945

\*During School Year

### Karate Kobudo (FRIDAYS)

Kobudo provides a combination of traditional Okinawan weapons and several systems of Chinese internal Kung Fu. Systems include Tai Chi Chuan, Hsing Chuan, and Ba Gua Zhang.

Age Group	Time
5-7 years	1800-1845
8-Up	1845-1945

### REGISTRATION

- Registration is ongoing at Rec/ITT, located in the MCX (next to Customer Service), 3500 Russell Road. Register on Tuesdays and Wednesdays.
- The program is open to all Active Duty, Family Members, Retirees, Reservists, and Quantico DoD Civilians.
- Classes are held at the Youth Center in the Semper Fit Annex, 3312 Purvis Road.

### MONTHLY FEE SCHEDULE

	1 Style	2 Styles	3 Styles
Per Person	\$40	\$55	\$65
Family Member <i>(each add)</i>	\$30	\$40	\$50

### MONTHLY CLASS PAYMENTS

All payments are due to Rec/ITT by the 20th of each month (or next business day if the 20th falls on a weekend or holiday when the Rec/ITT office is closed). Payments received after due date will be subject to a \$5 late fee per student.

### OPTIONAL FEES

Students may join the World Black Belt Bureau if they desire to be promoted through this organization. Lifetime Membership—\$25 per person (includes WBBB emblem, lapel pin, ID card, certificate, and colored belt).

### EQUIPMENT

Uniforms and protective gear are not provided by the instructor or MCCS. The instructor will provide a source to purchase uniforms and other gear if desired. Certificates are provided by MCCS. Belt cost: \$7.50

**T**he MCCS Martial Arts Program is a recreational program, currently offering Kempo Karate, Judo/Jujitsu, and Karate Kobudo.

**T**he instructor is affiliated with the World Black Belt Bureau (WBBB). The program goes year-round with a break in December. Students of all skill levels are accepted and may register at any time throughout the year. Please feel free to drop in on one of the classes to speak with the instructor and observe the class in action prior to registering.