We Can Help!

Schedule an Appointment

Walk In or Call
We will assist you from there.

Office Locations

Main Side Office
Little Hall, Lower Level
2034 Barnett Ave, Quantico, VA
703-784-3523
Hours: 0800-1630, Monday-Friday
Evening Hours Tuesday: 1630-1900

West Side Office
Cox Hall, Camp Barrett
24009 Montezuma Ave, Quantico, VA
703-432-6442
Hours: 0800-1630

www.quantico.usmc-mccs.org

Additional Resources
State Hotline for Child Abuse & Neglect ..... 800-552-7096
Family Advocacy Program (FAP) .................703-784-2570
24/7 Victim Advocacy Helpline .................703-350-1688
Consolidated Substance Abuse Counseling Center (CSACC) .......... 703-784-3502
New Parent Support Program (NPSP) ......... 703-784-4248

Marine Corps Community Services
Marine and Family Programs
Quantico, Virginia

Rev. 8/10/2016
The **Community Counseling Center** utilizes a holistic approach to assist people with overcoming some of life’s most difficult challenges. Our clinicians are independently licensed and credentialed professionals who provide solutions designed to meet your specific needs in the following areas.

- Marital Issues
- Parent/Child Relationship
- Family Issues
- Communication
- Anger Management
- School/Work Issues
- Reintegration
- Adjustment Issues
- Grief and Loss

We are conveniently located on the main side of the base in the lower level of Little Hall and on the west side of the base at Camp Barrett in Cox Hall. Call us today to set up an appointment at one of our two locations.

- Little Hall 703-784-3523
- Camp Barrett 703-432-6442

The Community Counseling Center provides a variety of services to meet your counseling needs.

**Assessment** – A clinician will meet with you to determine your specific counseling needs and to make a plan for achieving the outcomes you desire.

**Case Management Services** – If you are working with multiple providers and are seeking assistance managing or identifying resources, our clinicians are available to assist you.

**Counseling Services** – We offer individual, couple, and family counseling. We serve both children and adults. Our goal is to assist you with identifying solutions to overcome the stressors related to the challenges of life.

**Group Counseling** – Group counseling provides an opportunity for people dealing with similar issues to support each other while identifying solutions that best fit their needs.

**Referral Services** – If additional resources are needed beyond what is offered at the Community Counseling Center, our clinicians will help you to identify additional resources to meet your specific needs.

One of the major issues we deal with is stress. Stress is the process we use to respond to challenges and can improve performance. But, when stress is extreme or prolonged, it may actually negatively impact performance and/or health.

The Stress Continuum is a simple way to evaluate and monitor your ability to cope and perform when dealing with a stressful situation.