VIRGINIA

STAFFORD COUNTY RESOURCES

EDUCATION

PUBLIC SCHOOLS

www.stafford.schoolfusion.us/; Stafford County Public Schools. (540.658.6000)

CHILD FIND

http://stafford.schoolfusion.us/modules/cms/pages.phtml?pageid=25888 The Child Find for Stafford County Public Schools is designed to identify, locate and evaluate those children residing in the jurisdiction who are birth to age 21, inclusive and is in need of special education services. Child Find coordinator for children ages 0 to 2 years contact (540.371.2712), ages 2 to 5 years contact (540.658.6517), school age children, contact your local principal.

HEAD START

http://headstart.stafford.schoolfusion.us/ Head Start is a federally funded program for preschool children from low-income families. The program is operated by Stafford County Public Schools for children between the ages of 4 and 5 years old. (540.368.2559)

INFANT & TODDLERS EARLY INTERVENTION SERVICES

www.racsb.state.va.us/earlyintervention.htm; Infant & Toddler Connection of the Rappahannock Area is the early intervention programs that provide services for families of infants and toddlers, birth to three years of age, who have a disability or developmental delay. (540.372.3561)

PRIVATE SCHOOLS

www.privateschoolreview.com/county_private_schools/stateid/VA/county/51179; Provides a listing of private High Schools, Elementary Schools, and Pre-Schools within Stafford County. (website only)

SPECIAL EDUCATION

http://stafford.schoolfusion.us/modules/cms/pages.phtml?pageid=251846&SID; Stafford County Public School’s Special Education services. (540.658.6500)
SPECIAL EDUCATION PARENT RESOURCE CENTER

http://stafford.schoolfusion.us/modules/cms/pages.phtml?pageid=25889 The Parent Resource Center mission is to assist parents and families of children with special needs to become active participants in their child’s education through training, information, and resources. (540.658.6710)

SPECIAL EDUCATION PRIVATE SCHOOLS

www.doe.virginia.gov/special_ed/day_residential_schools/directory.pdf; List of private High Schools, Elementary Schools, and Pre-Schools providing services for students with disabilities. (804.225.4551)

GOVERNMENT

COMMUNITY SERVICES BOARD (CSB)

ADULT SERVICES

Intellectual Disability

www.racsb.state.va.us/mentalretardation.htm : Intellectual Disability (ID) Support Coordination services help people with intellectual disabilities. Group coordinators assess and link individuals and families to needed vocational, recreational and residential programs. (540.659.2725)

Mental Health

www.racsb.state.va.us/mentalhealth.htm: Adult Mental Health Services provide services to adults who have experienced or are at risk of experiencing serious mental illness. (540.659.2725/540.373.3223)

Substance Abuse

www.racsb.state.va.us/substanceabuse.htm: The Adult Substance Abuse program staff evaluates and assist individuals and families dealing with drug and alcohol issues. (540.373.3223)
Vocational

www.racsb.state.va.us/kenmore.htm; Stafford County Vocational Services provide services for adults with psychiatric and cognitive disabilities who want to move fully an effectively integrate into the community. Vocational Services is made up of thee programs; Horticultural Therapy, Kenmore Club, and the Supported Employment Program. (540.373.3223)

CSB EMERGENCY SERVICES

www.racsb.state.va.us/emergencyservices.htm: The emergency services division is at the center of CSB delivery system. The division consists of two components, Intake Services and Crisis Intervention Services. (540.371.3375)

SENIOR SERVICES

www.raaa16.org: The Rappahannock Area Agency for the Aging serves older adults, their families and caregivers in the Stafford, Spotsylvania, and Fredericksburg Area. (540.371.3375)

www.va-staffordcountyparksandrec.civicplus.com/Directory.aspx?did=10 The Senior Citizens Center is located at the Rowser Building and is responsible for planning, implementing, and evaluating all senior citizen programs (for ages 55+) including trips, special events, brunches and luncheons, arts and crafts, and exercise classes. The Stafford Senior Center is located at the Rowser Building and is open Monday through Friday from 8 AM to 4:30 PM. It includes a large meeting room, library, arts and crafts room, large commercial kitchen, and two smaller meeting rooms for senior citizen use. (540.658.5116)

YOUTH SERVICES

Intellectual Disability

www.racsb.state.va.us/mentalretardation.htm; Form children 18 years and under, most Case Management services are offered by the school system; however the Community Services Intellectual Disability staff is available for assessment for waivers. (540.659.2725)

Mental Health

www.racsb.state.va.us/mentalhealth.htm: Youth Mental Health Services are provided through five New Horizons programs to include clinic-based, home-based, juvenile detention center, prevention and school-based services. . (540.659.2725)
Substance Abuse

[www.racsb.state.va.us/substanceabuse.htm]: Youth Substance Abuse Services are provided through five New Horizons programs to include clinic-based, home-based, juvenile detention center, prevention and school-based services. (540.659.2725)

HEALTH DEPARTMENT

WOMEN INFANT & CHILDREN (WIC)

[www.vdh.state.va.us/lhd/rappahan/wic.htm]: The Rappahannock Area Women, Infants and Children (WIC) program provides Federal grants to States for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. (540.659.3101)

SOCIAL SECURITY ADMINISTRATION

SOCIAL SECURITY DISABILITY INSURANCE (SSDI)

[www.ssa.gov/pgm/disability.htm]: Social Security Disability Insurance is a Federal program funded by the social security funds deducted from your employment checks. To qualify for SSDI benefits you must meet the definition of disability and you must have worked long enough-and recently enough-under Social Security to qualify for disability benefits. Contact the SSA office for your worked earned credit amounts. (800.772.1213)

SUPPLEMENTAL SECURITY INCOME (SSI)

[www.ssa.gov]: Supplemental Security Income is a Federal income supplement program funded by general tax revenues (not Social Security taxes). It is designed to help aged, blind, and disabled people, who have little or no income and provides money to meet basic needs for food, clothing, and shelter. For initial application for services, you may call or visit the social security website for the application. When transferring into the state of Virginia with SSI benefits from a previous state, it is required to visit the SSA office in your county to transfer SSI services (800.772.1213)
SOCIAL SERVICES

CHILDCARE

Childcare Assistance

www.co.stafford.va.us/index.aspx?NID=889; The Department of Social Services administers a variety of programs to provide child care assistance to low income working families. (540.658.8720)

Childcare Directory

www.dss.virginia.gov/facility/search/cc.cgi; Stafford County Child Care Data base by zip code for child care services in a center based, family based or pre-schools setting. (website only)

www.sittercity.org/dod; MilitaryOnesource has contracted with Sittercity to provide military families with instant access to over a million nationwide comprehensive caregiver’s profiles which include background checks, references, reviews, pictures, and much more. The membership to Sittercity is fully paid by the Department of Defense; you make all arrangements including hiring and payment of caregivers. (website only)

COUNTY INFORMATION & REFERRAL

http://stafford.va.us/index.aspx?NID=1485 Stafford 3-1-1 provides a single point of contact for a wide variety of county information and services. (311)

FINANCIAL ASSISTANCE

www.co.stafford.va.us/index.aspx?nid=889; The Stafford Department of Social Services assists the families and individuals who find themselves in financial need. The financial assistance program includes Supplemental Nutrition Assistance Program (SNAP) know as food stamps, Medicaid to include the Elder and Disabled Consumer Directed Waiver (EDCD), Family Access to Medical Insurance Security Plan (FAMIS), and Temporary Assistance to Needy Families (TANF) (540.658.8720)

JUVENILE DENTENTION CENTER

http://www.djj.state.va.us/Facilities.aspx?BranchID=120; The Juvenile Detention Center provides a physically restricting facility for the short-term care of children apprehend for delinquency who require secure custody for their own protection or that of the community. (540.658.1691)
PROTECTION SERVICES

Adult Protection Services

www.co.stafford.va.us/index.aspx?NID=889; Adult Protective Services consist of the receipt and prompt investigation of valid reports of abuse neglect and exploitation of individuals with disabilities who are eighteen years of age or older or anyone over the age of sixty. (540.658.8720)

Child Protection Services

http://co.stafford.va.us/index.aspx?NID=890 The Child Protective Services intake receives and screens reports of abuse and neglect of children under the age of 18 years. (540.658.8720/800.552.7096)

MEDICAL

TRICARE

TRICARE NORTH REGION

www.hnfs.com; Health Net Federal Services is the TRICARE provider for the military families living in Virginia. (877.874.2273)

TRICARE Behavioral Health

www.hnfs.com; TRICARE offers many behavioral health benefits and resources. A beneficiary may receive an initial consultation and eight follow-up outpatient therapy visits, per fiscal year from a network provider without a Health Net referral. (877.874.2273)

Extended Health Care Option (ECHO)

https://www.hnfs.net The Extended Care Health Option (ECHO) is a supplemental program to the basic TRICARE program, which provides access to benefits/services not otherwise available through Basic TRICARE. Benefits under ECHO include the following: a device or apparatus which does not qualify as Durable Medical Equipment under the basic program, Applied Behavioral Analysis (ABA) Therapy, assistive services to access services and or equipment provided by ECHO, assistive technology devices, vocational training, home health care and respite care. (571.227.6639) (Fax 571.227.6705)
ECHO Home Health Care

https://www.hnfs.net The EHHC program provides up to eight hours per day, five days per week of skilled nursing care for those who qualify for ECHO and needs nursing care services. The EHHC benefit cap is equivalent to what TRICARE would reimburse if the beneficiary was in a skilled nursing facility. (571. 227.6639) (fax 571.227.6705)

MILITARY TREATMENT CENTERS

Naval Health Clinic Quantico

www.quantico.med.navy.mil; The Naval Health Clinic, Quantico, is staffed and equipped to provide non-emergency ambulatory healthcare. Walk-in appointments and Emergency Services are not available.

- Main Clinic (703-784-1725) Appointments (1.888.784.1802)
- John H. Bradley Clinic (OCS) 703-784-2062/2063
- David R. Ray Clinic (TBS) 703-784-5541/5542

Walter Reed National Military Medical Center

http://www.wrnmmc.capmed.mil/SitePages/home.aspx The National Naval Medical Center is one of the nation’s largest military medical centers. NNMC is comprised of nearly 4,500 professionals who make it their daily mission to serve you. Bethesda is located 46 miles north of MCB Quantico and travel times are estimated between one and two hours depending on traffic. The hospital is accessible by the Metrorail system. (800.526.7101) appointments (1.855.227.6331)

Fort Belvoir Community Hospital, Ft. Belvoir

www.fbch.capmed.mil/SitePages/Home.aspx; The new community hospital at Fort Belvoir will be part of an integrated healthcare network providing world class medical service to the nations wounded, Active duty service members, retirees, and family members. This new hospital is designed to increase hospital and outpatient care to all service members and veterans in the National Capital Region. This is a 120 bed facility with intensive care unit, Behavioral health inpatient unit, cancer center, emergency center, additional operating rooms, and improved diagnostics centers. (571-231-3224) appointments (1.855.227.6331)
Fort Belvoir Community Hospital, Fairfax Health Center

http://www.fbch.capmed.mil/About/fairfax.aspx  The Fairfax Health Center is a family clinic of Fort Belvoir Community Hospital which serves the communities of Annandale, Centreville, Fairfax and Vienna, as well as parts of Burke and West Springfield. (571.432.2600) appointments (571.432.2700) Pharmacy Refills (800.377.1723)

Fort Belvoir Community Hospital, Dumfries Health Center

http://www.fbch.capmed.mil/about/dumfries.aspx. The Dumfries Health Center is a family clinic of Fort Belvoir Community Hospital which serves the communities of Dumfries, Woodbridge, Lake Ridge and other areas south of Occoquan River. (703.441.7500) appointments (703.441.7600) Pharmacy refills (800.248.6337)

CIVILIAN HOSPITALS

Children’s National Medical Center

www.childrensnational.org; Children’s National Medical Center is the only exclusive provider of pediatric care in the metropolitan Washington area and is the only freestanding children’s hospital between Philadelphia, Pittsburgh, Norfolk, and Atlanta, serving the nation’s children for 140 years. Children’s National is a proven leader in the development and application of innovative new treatments for childhood illness and injury. (202.476.5000)

John Hopkins Hospital

www.hopkinsmedicine.org From the 1889 opening of The Johns Hopkins Hospital, to the opening of the School of Medicine four years later, there emerged the concept of combining research, teaching and patient care. This model, the first of its kind, would lead to a national and international reputation for excellence and discovery. (410.955.5000)

Sentara Medical Center

www.sentara.com/northern-virginia_Hospital; Sentara Medical Center, formally Potomac Hospital, has the mission to provide quality patient care. (800.736.8272 or 703.523.1000)
Mary Washington Healthcare System, Stafford & Fredericksburg

www.marywashingtonhealthcare.com Mary Washington Hospital is a full-service hospital offering advanced services usually found in major cities, right here in Fredericksburg and Stafford. The Fredericksburg facility is a 437-bed, full-service hospital offering advanced services. More than 400 area physicians and health professions represent 45 medical specialties. The Stafford Hospital is a state-of-the-art, full-service hospital. Their medical staff of 350 includes physicians’ representing 18 specialties. Fredericksburg (540.741.1100), Stafford (540.741.9000)

DENTAL

TRICARE Dental Program

www.metdental.com The TRICARE Dental Program (TDP) is a voluntary dental insurance program administer by MetLife. TDP is for eligible enrollees and offer a comprehensive dental benefit. For enrollees, the TDP covers a wide range of diagnostic, preventive and restorative services. You may seek care from a network of more than 64,000 participating dentists, or you may use nonparticipating dentists at an additional cost to you. (website only)

Walter Reed National Military Medical Center Hospital Dentistry

http://www.wrnmmc.capmed.mil/Health%20Services/Dentistry/Hospital%20Dentistry/SitePages/Home.aspx The Hospital Dental Clinic is a referral-only clinic providing specialty dental care to include treating special needs pediatric patients. (301.400.2060)

DEERS

www.dmdc.osd.mil/appj/address/login/SelectLogin.do; Family members must be registered in the Defense Enrollment Eligibility Reporting System (DEERS) program to be eligible for TRICARE & EFMP services. The Website will provide the ability to update your status. (800.538.9552)
MILITARY COMMUNITY SUPPORT

ARMED SERVICES YMCA

www.asymca.org; The mission of the Armed Services YMCA of the USA is to put into practice through educational, recreational, social and religious programs and services for military personnel. They offer programs such as childcare, hospital assistance, spouse support services, food services, computer training classes, health and wellness services, and holiday meals, among others. (800.597.1260)

FISHER HOUSE FOUNDATION

www.fisherhouse.org; The Fisher House program is a unique private-public partnership that supports America’s military in their time of need. They have donated “comfort homes” built on the grounds of major military and VA medical centers. These homes enable family members to be close to a loved one at the most stressful time, during the hospitalization for an unexpected illness, disease, or injury. No family pays to stay at any Fisher House. (888.294.8560)

MILITARY INSTALLATIONS

www.militaryinstallations.dod.mil/. The official Department of Defense source for installation and state resources available to active duty, guard and reserve service and family members. (website only)

MILITARYONESOURCE

www.militaryonesource.mil; is the Department of Defense website for official Military Community and Family Policy (MC&FP) program information, policy and guidance designed to help troops and their families, leaders, and service providers. Whether you live the military lifestyle or support those who do, you'll find what you need. The site includes Military Youth on the Move and Plan My Move.

MILITARY CHILD EDUCATION COALITION

www.militarychild.org: Non-profit, world-wide organization that identifies the challenges that face the highly mobile military child. (254.953.1923)

MILITARY IMPACTED SCHOOLS ASSOCIATION

www.militaryimpactedschoolsassociation.org; Military Impacted Schools Association (MISA) is a national organization representing school districts that serve high concentrations of military children. The organization works to provide a continuum of quality education for all military children. (800.291.6472)
NATIONAL MILITARY FAMILY ASSOCIATION

www.nmfa.org; The National Military Family Association (NMFA), “The Voice for Military Families,” is dedicated to providing information to and representing the interests of Family members of the uniformed services. In addition to information on deployment, education, Family life and health care, NMFA provides valuable links to other useful sites designed to give you the latest information available. They have a "Back to School" section which includes many links to valuable information on education for students and parents. (703.931.4600)

USA 4 MILITARY FAMILIES

www.USA4MilitaryFamilies.org; The USA4 Military Families initiative seeks to engage and educate state policymakers, not-for-profit associations, concerned business interests, and other state leaders about the needs of Military members and their families, particularly as those needs intersect with state public policy. Through state/military partnerships, DoD seeks to develop relationships with states, work with them to remove unnecessary barriers, and significantly improve the quality of life for military families

NON-PROFIT ORGANIZATIONS

DOWN SYNDROME ASSOCIATION OF NORTHERN VIRGINIA

www.dsanv.org; The Down Syndrome Association of Northern Virginia is a non-profit organization that benefits people with Down syndrome and their families through national leadership in education, research and advocacy. (703.621.7129)

GOODWILL INDUSTRIES OF RAPPAHANNOCK

www.fredgoodwil.org; The Rappahannock Goodwill Industries mission is to provide people with barriers to employment, particularly those with disabilities, an array of quality vocational and educational services so that they can work most independently. (800.789.2816)

disAbility RESOURCE CENTER OF FREDERICKSBURG

www.cildrc.org The disAbility Resource Center’s is a non-profit organization associated with the Independent Living Center with the mission to assist people with disabilities, those who support them, and the community, through information, education, and resources, to achieve the highest potential and benefit of independent living. (540.373.2559)
CHILD & ADULTS WITH ATTENTION DEFICIT DISORDER FOR NORTHERN VIRGINIA

www.meetup.com/novachadd/ The Child & Adults with Attention Deficit Disorder for Northern Virginia is a non-profit organization working to improve the lives of affected people through education, advocacy and support. (website only)

NATIONAL ALLIANCE FOR MENTAL ILLNESS RAPPAHANNOCK

www.nami.org/sites/NAMIRappahannock; The National Alliance for Mental Illness of Rappahannock area is a non-profit organization dedicated to improving the lives of persons living with serious mental illness and their families. (540.479.3044)
www.nichcy.org: National Information Center for Handicapped Children and Youth (NICHCY) is paid by a federal grant through the department of education to be the clearing house for information for children birth through 22 years old. (540.479.3044)

PARENTS OF AUTISTIC CHILDREN OF NORTHERN VIRGINIA

www.poac-nova.org; Parents of Autistic Children of Northern Virginia (POAC-NOVA) provides news, resources and events for families in the Northern Virginia area. (703.391.2251)

PARENT EDUCATION ADVOCACY TRAINING CENTER

www.peatc.org; Parent Educational Advocacy Training Center (PEATC) is the Parent Training and Information Center for the state of Virginia that provides up-to-date information, and high quality resources and materials for families with children with disabilities. PEATC is a non-profit organization that is funded by a federal grant through the Department of Education. (800.869.6782)

SPECIAL OLYMPIC AREA 11

www.area11sova.org; The Area 11 Special Olympics of Virginia is a non-profit organization that provides year-round sports training and athletic competition for individuals with developmental disabilities who reside in the county from ages 2 through adult. (540.891.0099)

UNITED CEREBRAL PALSY ASSOCIATION OF WASHINGTON DC

www.ucpdc.org: The United Cerebral Palsy Association of Northern Virginia & Washington DC & Northern Virginia is a non-profit organization that is premier gateway to disability resources on the internet and is a network for people with disabilities. (202.269.1500)
UNITED WAY OF RAPPAHANNOCK

www.rappahannockunitedway.org; Rappahannock United Way was formed as a voluntary organization to raise and distribute charitable contributions. An estimated 1,000 people from many segments of the Rappahannock area volunteered through the United Way to improve the social and economic well-being of residents in Caroline, King George, Spotsylvania, Stafford counties and the city of Fredericksburg. (540.373.0041)

VIRGINIA ASSISTIVE TECHNOLOGY SYSTEMS

www.vats.org: The mission of the Virginia Assistive Technology Systems (VATS) is to ensure that Virginians of all ages and abilities can acquire the appropriate, affordable assistive and information technologies and services they need to participate in society as active citizens. (703.993.3681)

VIRGINIA FAMILY SPECIAL EDUCATION CONNECTION

www.vafamilysped.org: The goal of this website is to provide a one-stop-shop for parents, families, and caregivers of children with special needs to learn about and plan your child’s education program, understand your legal rights and responsibilities, access local resources including school system contacts and disability services in your community, and access an abundance of resources, including instructional strategies, assistive technology and behavioral supports to help your child succeed. (website only)

VIRGINIA OFFICE FOR PROTECTION & ADVOCACY

www.vopa.state.va.us: Virginia Office for Protection and Advocacy (VOPA) is the Disability Rights Network that is a non-profit organization for federally mandated Protection and Advocacy System and Client Assistance Programs for individuals with disabilities. (800.552.3962)

YMCA RAPPAHANNOCK

www.family-ymca.org: The Rappahannock Area YMCA, Inc. continues to grow to meet the unique needs of our community. The YMCA is open to everyone. Through our "Open Doors" program, financial assistance is made available to those in need, thanks to the generosity of our donors and friends. Provides the Stafford before and after school programs serving all Stafford County Elementary Schools (540.735.9622)