



The MCCS Martial Arts Program is a recreational program, currently offering Kempo Karate, Judo/Jujitsu, and Kung Fu. The instructor is affiliated with the World Black Belt Bureau (WBBB). The program runs year-round with a break in December. Students of all skill levels are accepted and may register at

any time throughout the year. Please feel free to drop in on one of the classes to speak with the instructor prior to registering. Parents are allowed to observe classes, but phone or camera use is prohibited.

QUANTICO YOUTH CENTER (QYC)

Recreation Classroom
 Monday-Friday 0600-1800
 3312 Purvis Rd, MCB Quantico
 703-784-2249



www.quantico.usmc-mccs.org



Martial Arts Classes

BASIC INFO:

- Year round classes with break in December
- Students of all skill levels are accepted and may register at any time throughout the year.
- Instructor is affiliated with the World Black Belt Bureau (WBBB).
- Parents are allowed to observe classes, but no phone or camera use is allowed.
- Students are to wear shorts and t-shirts to class until a uniform is purchased.

REGISTRATION:

- Registration is ongoing and takes place at the Youth Center, 3312 Purvis Road.
- This program is open to all DoD card holders and family members.
- Classes are held in the recreation room at the Youth Center.

PAYMENTS:

- Payments are made monthly by the 20th of each month (or the following business day of the 20th falls on a weekend or holiday).
- Payments made after the due date are subject to a \$10 late fee, per household.

ADDITIONAL FEES:

- Students may join the World Black Belt Bureau (WBBB) if they desire to be promoted through this organization. This is optional for students.
- Uniforms and protective gear are not provided and must be purchased by the customer. The instructor will provide sources to purchase these items.

MONTHLY FEE:

	1 STYLE	2 STYLES	3 STYLES
PER PERSON	\$40	\$55	\$65
ADD'L FAMILY MEMBER	\$30	\$40	\$50

CLASS INFO/SCHEDULE:**KEMPO KARATE - MONDAY**

AGES 5-7	1715-1800 (during school year)
AGES 5-7	1800-1845 (year round)
AGES 8 & OLDER	1845-1945 (year round)

Kempo Karate is taught as a cohesive combination of Okinawan Kemp, traditional Karate, and contemporary ideas. The class utilizes a wide variety of methods to provide basic and advanced understandings of martial and developmental arts.

JUDO/JUJITSU - WEDNESDAY

AGES 5-7	1715-1800 (during school year)
AGES 5-7	1800-1845 (year round)
AGES 8 & OLDER	1845-1945 (year round)

Jujitsu, a system of joint locks and throws, is the basis of both Judo and Aikido. This class offers traditional techniques, analysis and training of skills and approaches utilized in Jujitsu.

KUNG FU - FRIDAY

AGES 5-7	1800-1845 (year round)
AGES 8 & OLDER	1845-1945 (year round)

Kung Fu involves the study of internal Kung Fu systems: Taichi, Hsing I and Bagua. It can be taken by itself or in combination with the Okinawan Kempo Karate or Judo/Jujitsu classes. This class involves training from a number of systems providing a wide variety of training methods.